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SERVING NELSON & AREA

INSIDE

RDCK funds alt. power study

Regional district sets aside \$30,000 to find renewable energy options in the region.
 PAGE 3

Train station decision soon

Mayor and executive director of Nelson and District Chamber of Commerce expect good answer on CPR train station.
 PAGE 3



Sailboats carrying grain for members of the Kootenay Grain Community Supported Agriculture project sailed into Nelson on Sunday, Oct. 18.

CHRIS SHEPHERD

Grain expectations

Experiment in community supported agriculture celebrates second harvest with larger crop, larger armada

by Chris Shepherd

Sustainably grown grain was delivered to Nelson in its own sustainable way this weekend when 10,000 pounds of grains and lentils were sailed from the southern tip of Kootenay Lake to Nelson.

The grain was grown by Creston-area farmers who are part of the Kootenay Grain Community Supported Agriculture project, now in its second year.

Matt Lowe helped start the project as a response to challenges to food supply and rising fuel prices.

"We thought that by growing our own food staples in the region we could really help with those problems."

Lowe found several farmers in the Creston area to take part

and as the time came to bring the food over to Nelson, he was approached by Jay Blackmore of the Kootenay Lake Sailing Association with the idea of sailing some of the grain over.

Last year four boats brought 5,000 pounds of grain. This year, 11 boats made the trip and they brought roughly 10,200 pounds of grain and lentils to members of the grain project in Nelson. Another 40,000 pounds will be brought over by truck.

Blackmore says going by the lake is a great alternative to burning fuel to make it over Canada's highest highway pass on Highway 3.

Both Lowe and Blackmore are optimistic they'll be able to bring more grain over by boat next year.



Keith Huscroft tosses a sack of grain to Drew Gailius at the Kuskanook Marina on Saturday, Oct. 17. The two are a few of the farmers who grew crops for the Kootenay Grain Community Supported Agriculture project.

CHRIS SHEPHERD



Moving artwork

Second body paint competition set for next weekend.

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